

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>May all your days in this month be awesome</p>	11:00 Morning Fitness 1 11:00 Brain Fitness 2:30 Matching Games 3:00 Snack Social 4:00 Bowling 4:30 Familiar Faces Bingo 6:00 Hallmark Monday	11:00 Morning Fitness 2 11:30 Brain Fitness 2:30 Spa Day with Dina 3:00 Snack Social 4:00 Balloon Toss 6:00 Music Therapy	11:00 Morning Fitness 3 11:30 Brain Quest 2:30 Watercolor Painting 3:00 Snack Social 4:00 Arts & Crafts 4:30 I Love America JINGO 6:00 I Love Lucy Show	11:00 Morning Fitness 4 11:30 Life Story Trivia 2:30 Color Relaxation 3:00 Snack Social 4:00 Nature Walk 6:00 Music Therapy	11:00 Morning Fitness 5 11:30 Mind Stretches 2:00 Scenic Drive 3:00 Snack Social 3:30 Music w/Armando in A.L 6:00 Friday Night Movie	11:00 Morning Fitness 6 11:30 Brain Fitness 2:30 Color Relaxation 3:00 Snack Social 4:00 Themed Word Search 4:30 Ball Therapy 6:00 Saturday Musical	
	11:00 Morning Fitness 7 11:30 Mental Fitness 2:30 Color Relaxation 3:00 Snack Social 4:00 Ball Therapy 4:30 Bingo 6:00 Hallmark Sunday <small>Daylight Saving Time Ends</small>	11:00 Morning Fitness 8 11:30 Brain Fitness 1:30 Zumba Gold in A.L 3:00 Snack Social 3:30 Music w/ Gene Wilder in A.L. 4:30 Familiar Faces Bingo 6:00 Hallmark Monday	11:00 Morning Fitness 9 11:30 Brain Fitness 2:30 Spa Day with Dina 3:00 Snack Social 4:00 Balloon Toss 6:00 Music Therapy	11:00 Morning Fitness 10 11:30 Brain Quest 2:30 Watercolor Painting 3:00 Snack Social 4:00 Arts & Crafts 4:30 I Love America JINGO 6:00 I Love Lucy Show	11:00 Morning Fitness 11 11:30 Life Story Trivia 2:30 Color Relaxation 3:00 Snack Social 4:00 Nature Walk 6:00 Music Therapy <small>Veterans Day Remembrance Day (Canada)</small>	11:00 Morning Fitness 12 11:30 Mind Stretches 2:00 Scenic Drive 3:00 Snack Social 3:30 Music w/Tony Lopez in A.L 6:00 Friday Night Movie	11:00 Morning Fitness 13 11:30 Brain Fitness 2:30 Color Relaxation 3:00 Snack Social 4:00 Themed Word Search 4:30 Ball Therapy 6:00 Saturday Musical
	11:00 Morning Fitness 14 11:30 Mental Fitness 2:30 Color Relaxation 3:00 Snack Social 4:00 Ball Therapy 4:30 Bingo 6:00 Hallmark Sunday	11:00 Morning Fitness 15 11:30 Brain Fitness 2:30 Matching Games 3:00 Snack Social 4:00 Bowling 4:30 Familiar Faces Bingo 6:00 Hallmark Monday	11:00 Morning Fitness 16 11:30 Brain Fitness 2:30 Spa Day with Dina 3:00 Snack Social 3:30 Music w/ Hugo Pazmino. in A.L 6:00 Music Therapy	11:00 Morning Fitness 17 11:30 Brain Quest 2:30 Watercolor Painting 3:00 Snack Social 4:00 Arts & Crafts 4:30 I Love America JINGO 6:00 I Love Lucy Show	11:00 Morning Fitness 18 11:30 Life Story Trivia 2:30 Color Relaxation 3:00 Snack Social 4:00 Thanksgiving dinner in A.L 4-8PM 6:00 Music Therapy	11:00 Morning Fitness 19 11:30 Mind Stretches 2:00 Scenic Drive 3:00 Snack Social 3:30 Happy Hour w/ Friends 6:00 Friday Night Movie	11:00 Morning Fitness 20 11:30 Brain Fitness 2:30 Color Relaxation 3:00 Snack Social 4:00 Themed Word Search 4:30 Ball Therapy 6:00 Saturday Musical
	11:00 Morning Fitness 21 11:30 Mental Fitness 2:30 Color Relaxation 3:00 Snack Social 4:00 Ball Therapy 4:30 Bingo 6:00 Hallmark Sunday	11:00 Morning Fitness 22 11:30 Brain Fitness 2:30 Matching Games 3:00 Snack Social 3:30 Elvis Presley show w/ Adrian in A.L 6 :00 Hallmark Monday	11:00 Morning Fitness 23 11:30 Brain Fitness 2:30 Spa Day with Dina 3:00 Snack Social 4:00 Balloon Toss 6:00 Music Therapy	11:00 Morning Fitness 24 11:30 Brain Quest 2:30 Watercolor Painting 3:00 Snack Social 4:00 Arts & Crafts 4:30 I Love America JINGO 6:00 I Love Lucy Show	11:00 Morning Fitness 25 11:30 Life Story Trivia 2:30 Color Relaxation 3:00 Snack Social 4:00 Nature Walk 6:00 Music Therapy <small>Thanksgiving Day</small>	11:00 Morning Fitness 26 11:30 Mind Stretches 2:00 Scenic Drive 3:00 Snack Social 3:30 Music w/Steve in A.L 6:00 Friday Night Movie	11:00 Morning Fitness 27 11:30 Brain Fitness 2:30 Color Relaxation 3:00 Snack Social 4:00 Themed Word Search 4:30 Ball Therapy 6:00 Saturday Musical
	11:00 Morning Fitness 28 11:30 Mental Fitness 2:30 Color Relaxation 3:00 Snack Social 4:00 Ball Therapy 4:30 Bingo 6:00 Hallmark Sunday <small>Hanukkah Begins</small>	11:00 Morning Fitness 29 11:30 Brain Fitness 1:30 Zumba Gold in A.L 3:00 Snack Social 4:00 Bowling 4:30 Familiar Faces Bingo 6:00 Hallmark Monday	11:00 Morning Fitness 30 11:30 Brain Fitness 2:30 Spa Day with Dina 3:00 Snack Social 4:00 Balloon Toss 6:00 Music Therapy	 <p style="text-align: center;">November 2021 Serento Casa- Memory Care</p>			